

Immaculate Conception † St. Joseph School Newsletter

www.boscocatholic.org

September 30, 2021

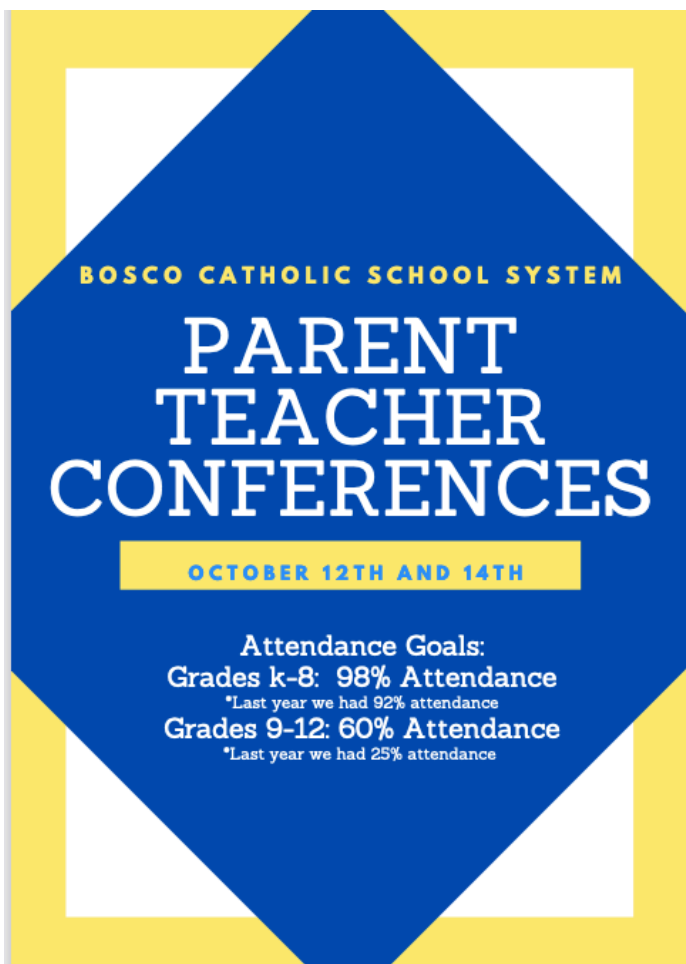
With support from families, we respect and encourage students to reach their potential **Spiritually** by developing a strong relationship with Jesus and knowledge of His church, **Academically** by igniting learning, leadership and life skills, **Physically** by learning about and living healthy habits and **Socially** by becoming active members of the community who serve others as stewards of the Gospel so they are the light of Christ in the world.

Conference Sign Up

Conferences will be: 3:00 - 7:00pm on Tuesday, October 12 and Thursday, October 14 in classrooms.

Please take the time to read the two pages of information in this newsletter on scheduling your conferences online. The online conference scheduler will be live tomorrow, October 1 at 7:00am until Sunday, October 10 at midnight. **For a virtual conference - enter "VIR" next to student name.**

After scheduling your conferences, please print or write down your conference schedule. You will NOT be able to go back to the scheduler after October 10 at midnight.

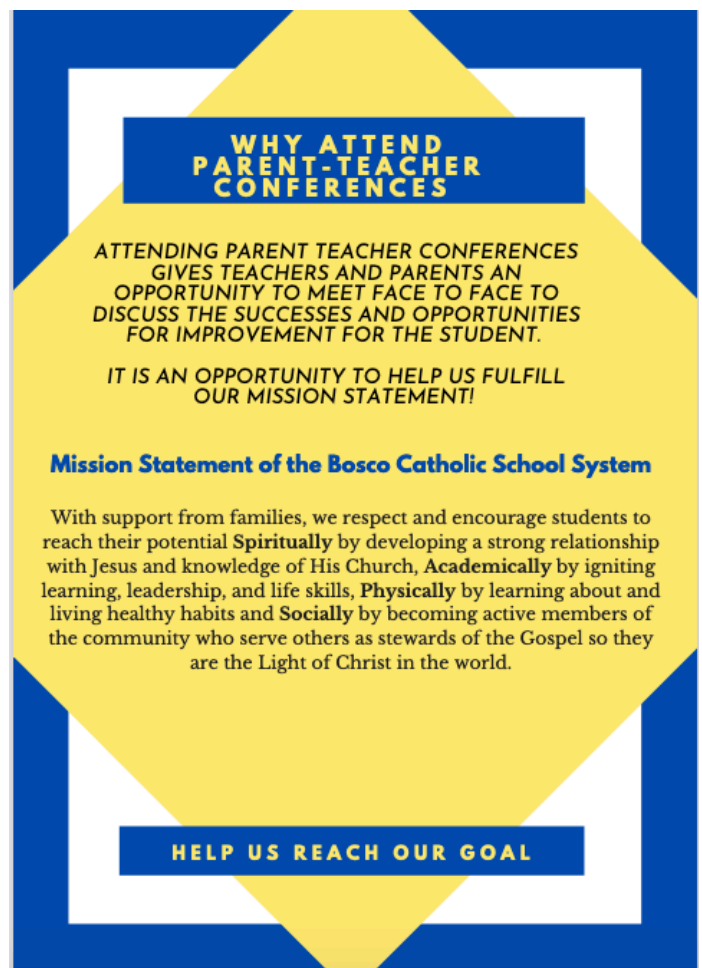


BOSCO CATHOLIC SCHOOL SYSTEM

PARENT TEACHER CONFERENCES

OCTOBER 12TH AND 14TH

Attendance Goals:
Grades k-8: 98% Attendance
*Last year we had 92% attendance
Grades 9-12: 60% Attendance
*Last year we had 25% attendance



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HELP US REACH OUR GOAL



Please send all newsletter items to icsjnewsletter@boscocatholic.org
by 3:00pm on Wednesday, October 6.





YOU ARE INVITED!

Our Olympic Fun Run is NEXT THURSDAY, October 7th! All parents, family and friends are invited to attend. We will begin at 11:45am at the Don Bosco football field. Bleachers are available, but feel free to bring a lawn chair if you choose. We ask all spectators to park in front of the practice football field. Spectators please enter and exit through driveway marked A. See map below. (For directions, type in Don Bosco Football field into Google maps).

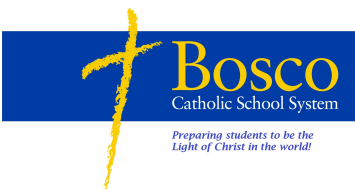
Student logistics for Fun Run Day:

- Out of uniform day. All students are encouraged to wear their red, white, and blue to go along with our USA Olympic theme. Please dress for the weather.
- No backpacks needed on this day.
- Hot lunch option will be sack lunches this day and will be provided at school prior to the Fun Run. Middle school students will pick up their lunches at 10:30 and will be transported to the FB field and have a picnic lunch prior to the Fun Run.
- Dismissal- Please see the permission slip that is getting sent home today. It explains our dismissal options for the day and you will choose one for your child and send it back to school.

We are SO CLOSE to hitting our goal of \$25,000! Can we do it before this weekend? We have a weekend challenge to help us get there. Every student that gets \$2/minute in NEW pledges OR gets \$60 in flat donations, will earn a bonus prize! Thank you for your continued support of the IC Fun Run. Let's go for the gold!



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Bosco Catholic School System † PO Box 256 † Gilbertville, IA 50634
IC 319-296-1089 † SJ 319-233-5980 † Fax 319-296-3847

Don Bosco Football and Band Night

This week the Dons will play GMG at home Friday night. Game starts at 7:00pm. The DB Marching Band will perform their *Songs From The Saddle* show at half time. The game will be live streamed beginning at 6:45pm. Live stream link: <https://youtu.be/xX7vVE26wXU>

Tuition

If you have any questions on your tuition balance please call the high school office at 319-296-1692 or email Leigh Anne Schares at lschares@boscocatholic.org. We are still in the process of updating our software. An email will be sent when we get all information uploaded and ready to go. Thank you for your patience with this.

Dear Friends of the STO,

To learn more on how the STO helps families and donors click on the link provided below.

<https://d2y1pz2y630308.cloudfront.net/24876/documents/2021/9/STO%20Sept.%20Newsletter-3.pdf>

Leaf Raking Service Project

The middle school students will soon be participating in our annual leaf raking service project for the elderly and disabled citizens of our community. This is scheduled to take place on Friday, October 29. We need parent volunteers! If you could help us out this year, please contact Mr. Armbruster at karmbruster@boscocatholic.org.

We are asking for each middle school student to donate one package of lawn/leaf bags. These may be brought in at anytime. Each student will need to have a rake.

Nurse's Notes

What are signs of an unhealthy gut and what can you do to feel better? An upset stomach is the first sign. You may experience gas, bloating and irregular bathroom habits. A diet high in sugar can decrease the amount of good bacteria in your gut. This may lead to increased inflammation. Unintentional weight gain can also contribute to an unhealthy gut. This is usually caused by too many processed carbohydrates leading to inability to process good nutrients. Did you know that sleep problems including insomnia can be linked to poor diets? Skin conditions like eczema have also been linked to poor diets and food allergies. Things you can do to improve this are: lower your stress level, (chronic stress is hard on your gut) and get enough sleep. It is recommended that adults get 7-8 hours. Our kids need even more with 10-12 hours recommended. Chew your food well and eat slowly. Drink plenty of water and try to decrease the amount of processed food in your diet. Think about what you are putting in your body. Fuel your body with healthy choices. Marianne Hickey RN

Middle School Boys Basketball

With the basketball season getting closer, I will start having open gyms for those that are in 7th or 8th grade. If you have any questions, please feel free to get a hold of Travis Kuecker at (319-596-5292) or (kueckertravis@gmail.com)

These open gyms will be from 7:00pm-8:00pm on the following dates:

Monday, October 4th
Monday, October 11th
Monday, October 18th
Monday, October 25th
Monday, November 1st
Monday, November 8th

Needed

I am in need of frosting containers- any size. I will need more than fifty so this is an on going request.

~ Ms. Carolus, K-8 Art

From Mrs. Gutierrez.....

Over the last few weeks, the fifth graders have been getting ready for the Fun Run. The students have been deciding what our Pledge-O-Meter prizes should be and getting pledges. They worked very hard on the medals that are drawn on our flag. The pep rally was very exciting this morning. They can't wait for the actual Fun Run on the track!



Girls Basketball 3rd-6th Grades

We are starting to think about basketball for the 3rd-6th grade girls! We have the opportunity to join a developmental league this year in order to get the girls some game-like experience. The league plays on Saturday mornings in November and December. Before we can commit to this, we need to get an idea how many girls from each grade would be interested. We also will need parents to step up and coach the 5th/6th grade girls if there is enough interest to form a team. Please let either of us know if your daughter is interested in playing this year.

Jessica Steils - jess.steils@gmail.com - 319-269-6842
Crystal Frost - crystaleven@hotmail.com - 319-215-9599

Ms. R's Counseling Corner

Your child spends most of their life in their head. Do you know what kind of place it is? Does their inner voice, criticize? Cheerlead? Demand? Sympathize? Victimize? Compare?

CONVO STARTER #1

Ask them:

"If you and I were trying to meet for the first time, never having seen each other before, how would you describe yourself to me so that I could find you in a restaurant? What does your hair look like? Your face? Your body?"

Listen:

Does your child use kind or hurtful words? Is your child realistic, demeaning or wishful?

CONVO STARTER #2

Ask them:

"If you had a movie made about you, what would the title be? What would the trailer sound like or look like? What genre would it be - comedy, drama, cartoon, action?"

Listen:

Are the words positive or negative? Does your child focus on their strengths or weaknesses?

CONVO STARTER #3

Ask them:

"If you ran a race, what would you say to yourself and the other racers if you came in.... 1st place, 5th place, last place?"

Listen:

Is your child encouraging to self and others? Critical? Accepting? Disappointed?

TO GET THE MOST OUT OF THE CONVERSATION...

- choose a calm, quiet, unhurried place and time for the discussion
- share how you would answer the questions about yourself!
- be open, honest, and vulnerable to role model for your child that everyone has a mix of inner voice: positive and negative

Don Bosco Kids Cheerleading Clinic

Cheer Clinic for K-5 students is October 14 & 15. See flyer in last week's newsletter. If your student will be attending the cheer clinic please be specific with after school details in your student's agenda. Example: to Cheer Clinic, then to ABC or will be picked up from Cheer Clinic, etc.

Immaculate Conception Parish Harvestfest

Immaculate Conception parish Harvestfest is Sunday, October 17, 2021. This is a huge fundraiser for our parish. We need lots of help to make Harvestfest a success.

Volunteer sign up sheets will be in the Heritage Room Sept. 25/26 and Oct. 2/3. Please be generous with your time. If you are unable to sign up in the Heritage Room please call or email Carol Berry to sign up.

319-296-1089 cberry@boscocatholic.org

Please pick up your raffle tickets in the back of church.

If you would like your raffle tickets sent home with your student, email Ms. Berry at

cberry@boscocatholic.org. We are unable to mail them if not picked up due to Iowa law.

St. Joseph Parish Fundraiser

St. Joseph Parish in Raymond will be holding a Frosted, Pecan, and Caramel Roll Fundraiser on Saturday, Oct. 23 in place of our Harvest Breakfast. Order your delicious fresh-baked, frosted, pecan, and caramel rolls by Oct. 15 at \$3.00 each or 6 rolls for \$15.00.

You may pre-order on the parish web-site at: <http://www.icsjchurch.com/Bulletins.htm>, or on Facebook under Immaculate Conception & Saint Joseph Catholic Churches, Iowa.

If you prefer to call, contact one of the following:

Michelle Stroh – text or message 319-429-3293

Linda Kayser – text or message 319-830-2746

Mary McMahon – text or message 319-939-6279

Orders will be taken through Friday, October 15. Extras will be available, but not guaranteed. Orders may be picked up at Reuter Hall, 313 E. Central St., in Raymond on Saturday, October 23 between 4 p.m.–6:30 p.m.

If you are available to help on Friday, Oct. 22 or Saturday, Oct. 23 please contact Linda Kayser 319-830-2746. Thank you for your support!

Pop Tabs

Pop Tabs, the sweetest way to support the Ronald McDonald House Charities.

We, as a school, are no longer collecting pop tabs. Please continue to donate your pop tabs to the Ronald McDonald House by dropping them off at any McDonald's restaurant.

**No School October 8 -
Professional Development Day**

Immaculate Conception - St. Joseph

September 30, 2021

Dear Families,

The time is here for your student and his/her teacher to share with you about your student's overall progress. **All** students in grades K-8 are required to participate in the conferences. Students, parents, and teachers should all participate in the conference.

Conferences will be:

3:00 - 7:00 PM on Tuesday, October 12

3:00 - 7:00 PM on Thursday, October 14

There will be no classes Friday, October 15.

Parents will schedule conferences online with the Parent Teacher Conference (PTC) scheduler on our website. K-5 conferences will be scheduled in 15 minute increments. 6-8 and specials conferences will be scheduled in 10 minute increments. Instructions for scheduling conferences are below.

Conferences for **grades K-5** should be scheduled with the student's homeroom teacher.

6-8 grade conferences may be scheduled with the teachers you would like to see.

These teachers will be available in classrooms:

(in K-5 Conf. group; 15 min)

- Mrs. Olson - (IC Room 102)
- Mrs. Wellman - (IC Room 104)
- Mrs. Neverman - (IC Room 103)
- Mrs. Monaghan - (IC Room 105)
- Mrs. Rosauer - (IC Room 107)

- Ms. Johnson - (IC Room 206)
- Mrs. Claypool - (IC Room 205)
- Mrs. Schroeder - (IC Room 203)
- Mrs. Gutierrez - (IC Room 204)
- Mrs. Bird - (IC Room 202)

(in 6-12 Conf. group; 10 min)

- Mr. Armbruster - (DB Room 109)
- Mr. Wymore - (DB Room 106)
- Ms. Sandman - (DB Room 104)
- Mrs. Zimmerman - (DB Room 107)

- Mrs. Knepper - (DB Band Room)
- Mr. Chicchelly - (SMC Gym)
- Ms. Carolus - (DB Room 212)
- Mrs. Rutherford - (IC Room 200)
- Mrs. Ownby - (IC Room 207)
- Ms. Mayer - Algebra (DB Room 113)
- Mr. Mikita - Band (DB Band Room)

The PTC scheduler will go live on our website Friday, October 1 at 7:00 in the morning. Please sign in and schedule your conferences. You may schedule conferences from October 1 at 7:00am until October 10 at midnight. Anyone who does not schedule a conference time will be assigned a conference time. **Please print or write down your conference schedule. You will not be able to go back to it after October 10 at midnight.**

PTC Registration Process for Parents/Guardians

To Start

- On our website <https://www.boscocatholic.org/> click on Parent Resources then Parent Teacher Conferences. **This link <http://www.boscocatholic.org/vparentteacher/> will also take you to the registration/sign in screen.**
- **Sign In or new families - Sign Up**

YOU ARE NOW AT THE PTC SCREEN

Signing Up for Parent-Teacher Conferences

K-5 conferences will be scheduled in 15-minute increments.

Grades 6-8 + specials will be scheduled in 10-minute increments.

Step 1: Choose the conference date and grade of students and you will be taken to a list of teachers.

Step 2: Select the teacher(s) you wish to conference with from the list or start typing the last name in the "Search Teacher" field.

Note: You can reserve time with up to eight teachers. You can register for additional teachers once you complete the current process.

Step 3: Enter the student's name. **For a virtual conference - enter "VIR" next to student name.**

Step 4: Click continue.

Step 5: Check the box next to the conference times(s) you wish to reserve.

Step 6: Click Update.

*The timeframe/s you chose will be colored green. Watch your times, **do not double book** with two teachers at the same time.*

At this point you may sign up for conferences for additional students in that same grade group by clicking on the "Teacher Selection" button at the bottom of the page.

To schedule a student in another grade group click your name next to "Signed in as" then the "Home" (house) button, then repeat step 1-6.



At the bottom of the screen you will see the confirmation of your conference registration. You will have the option to "click here to print" to get a copy of your Conference Registration Report.

If you have any questions about the process or have difficulty registering, either email cberry@boscocatholic.org or call Carol Berry at 296-1089 for assistance.

Print or write down your conference schedule.

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