

Immaculate Conception † St. Joseph School Newsletter

www.boscocatholic.org

February 3, 2022

With support from families, we respect and encourage students to reach their potential **Spiritually** by developing a strong relationship with Jesus and knowledge of His church, **Academically** by igniting learning, leadership and life skills, **Physically** by learning about and living healthy habits and **Socially** by becoming active members of the community who serve others as stewards of the Gospel so they are the light of Christ in the world.

FEBRUARY Habit of the Month: **THINK WIN-WIN**

- ★ Remember to attend Mass and grab a bulletin! (Have your child write his or her name on it and turn it in on Monday, or collect them and turn them in at the end of the month.)
- ★ Remember to discuss the habit Think Win-Win as a family!
- ★ How is your child living "Habit 4: "Think Win-Win" at home based on some of the key concepts we have been learning about this month?

Gold Star Awards for Outstanding Teaching

The R.J. McElroy Trust and KWWL will award ten area teachers the "Gold Star Award for Outstanding Teaching". If you would like to nominate an outstanding teacher, please fill out the nomination form sent home today and place it in the Gold Star nomination box in the school lobby. You may go www.goldstarteacher.com to nominate online. The deadline for nominations is February 20.

Owen's Story

14 year old Owen Gahn, the grandson of our Don Bosco HS Counselor, Ms. Bayliss, was recently diagnosed with a rare form of brain cancer. He is currently receiving treatment at the University of Iowa Children's Hospital. Owen is a freshman at Iowa City High School. He enjoys competing in cross country, reading, and playing video games. To raise awareness for Owen and funds to help his family, we will be holding one out of uniform day each month. All BCSS students are encouraged to bring a minimum donation of \$1 on any or all of the following dates to be out-of-uniform for the day: February 15, March 15, April 12, and May 10. Out-of-uniform attire may be informal but must be school-appropriate. To learn more about Owen or contribute to his GoFundMe, visit the link below.

Please keep Owen and his family in your prayers.
<https://www.caringbridge.org/visit/owengahn>

Sectional Wrestling Tournament Tickets

Below is a link to purchase tickets for the Sectional wrestling tournament. There will be no cash gate, tickets need to be purchased online.

Click on the Wrestling tab then the 1A tab and find the Sectional tournament at BGM, Brooklyn to order.
[Tickets for Sectional Wrestling Tournament](#)

State Wrestling Merchandise

This year due to supply shortages, we are preordering State wrestling merchandise. This store closes TODAY, February 3 at 11:59pm CST. There will not be another opportunity to order merchandise for state wrestling. No late orders can be accepted.

[DB State Wrestling Online Store](#)

Thank you for supporting the Bosco Booster Club and GOOD LUCK to all wrestlers!

Archdiocesan Synod Survey Coming This Week

This week all registered parish households will be receiving an important letter and survey from Archbishop Jackels. The survey, which will take about ten minutes to complete, will allow you to give input on how to measure parish viability and vitality to help with long-range parish planning. The survey can be completed by all and returned in the envelope provided. However, if you have access to the internet you are asked to complete it electronically. You can access the survey at www.dbqarch.org/survey.



**Please send all newsletter items to icsjnewsletter@boscocatholic.org
by 3:00pm on Wednesday, February 9.**



STO - Tuition Assistance

The Our Faith, Our Children, Our Future School Tuition Organization (STO) and Bosco Catholic School System (BCSS) are pleased to once again provide tuition assistance to qualifying families.

The STO program will be utilizing FACTS Management to assist in determining the level of assistance to be awarded. Check out the video from STO on how to complete a FACTS application for tuition assistance. https://drive.google.com/file/d/1kYVmlaAACoXO8Wx_FIT_hTZr-BjwGIAX/view

The FACTS application needs to be completed no later than April 15, 2022. The online FACTS application can be found at <https://online.factsmgt.com/aid>

STO News

Check out the latest Facebook post about Pledging to donate in 2022. https://fb.watch/aFzjAvq_m4/

When we hit 2021's goal in early December, approximately 300 donors from the previous year missed out on a chance to receive their 75% Iowa income tax credit. By accepting pledges, in effect, we're allowing donors to **reserve their 75% Iowa income tax credits**. We hope this will greatly benefit donors who have missed out in previous years.

The January STO Newsletter may be found here: <https://d2y1pz2y630308.cloudfront.net/24876/documents/2022/1/STO%20Newsletter%20January%202022-1.pdf>

Holiday Dress Day, February 14

Students may wear holiday related apparel.

This includes:

- Shirts (tops)/pants (bottoms)/dresses that are in the color/spirit of the holiday. All clothing must follow dress code guidelines for length.
- Jeans with a holiday shirt are okay.
- Leggings with a long holiday shirt are okay.
- Holiday related necklaces or headbands

This does not include:

- Hats
- Items that would need to be carried
- Painted hair
- Make-up of any kind
- Face tattoos/stickers

From Mrs. Neverman... First Grade Reindeer Races

A favorite STEM activity in first grade has been the rocket races. We switched out rockets for reindeer as that was a subject we investigated and learned about in December. We had planned to have a flying reindeer competition to end that month, but we decided to postpone our race because many of our classmates were ill and we didn't want them to miss out. So, this week we built reindeer out of toilet paper tubes, pipe cleaners, and balloons. Names were given to these wonderful creatures and the competition was on!

This activity is an introduction for students to practice critical thinking skills and explore concepts that would be very challenging when simply read about in a book. We made predictions about which direction our reindeer needed to go and how the balloon would make this happen. We figured out that the line needed to stay taut and maybe holding the line up higher at the beginning of the race could help our reindeer fly faster, and the heavier reindeer may move slower than those that are of a lesser weight. All great observations and thoughts!

This activity is really a very simple Physics lesson! First Graders and Physics, who would ever guess that? Now we know these first graders will not understand Newton's Law of Motion, but we are planting the seeds of inquiry and wonder. Later this semester simple activities involving moving air will be completed and the seeds planted this week in these first graders' minds will allow them to question and make reasonable deductions about motion, compressed air, force, and action-reaction.

The best part of this introductory lesson was seeing students work together and have fun!



**No School Friday, February 11 -
Professional Development Day**

Nurse's Notes

This month's habit is Think Win-Win. What does this mean for your health goals? Changing one habit can have a major impact on your health. Eating breakfast helps boost your brain power. Drinking more water flushes out toxins. Exercising 30 minutes a day increases your energy and decreases stress. Decrease your risk of cardiovascular disease and cancer by eating 5 servings of fruits and vegetables a day. Decreasing screen time has been shown to improve sleep and reduce eye strain. Think about setting a goal for this month and find your WIN WIN. Marianne Hickey RN

From Ms. Rutherford..... Hello parents!

I am excited to tell you about a new program coming to our school! Kathie Berry (former school counselor here at Bosco) will be bringing her dog Bailey who is an ATD certified Therapy Dog. Therapy dogs visit various facilities, such as schools! Working alongside their handlers, therapy dogs perform a vital service and allow people in these facilities to spend time cuddling and interacting with a furry friend. Therapy dogs encourage positive emotional growth, Encourage children to calm and slow down, help to alleviate stress and decrease blood pressure, and can provide unconditional love and acceptance.

Bailey is a Teddy bear dog who is 7 years old. She is hypoallergenic! Kathie was a school counselor for 21 years! Kathie and Bailey will be coming to our school every once in a while to interact with students individually, in groups, or in classrooms!

Please remind your student that Bailey is working, and we are not allowed to pet her unless we get permission.

Catholic Order of Foresters Bowling

On Sunday, February 13, COF Youth members can open bowl for free (including shoes) at Cadillac Lanes located at 650 Laporte Road, Waterloo. Each COF youth member may bowl up to 2 hours beginning at 12:30pm and must be finished by 2:30pm. Doors open at noon. Adults & friends may bowl the same time frame for \$8.00, which includes shoes. See Donna Delagardelle to sign up or call Donna at 319-239-9945 with questions.

Gilbertville Daze

In order for Gilbertville Daze to continue, we are in desperate need of help, especially for someone to take over kids games. We are trying to make things bigger and better but need your help and ideas. You don't have to live in city limits to help. We welcome, enjoy and greatly appreciate any ones help. A big chunk of proceeds from the last couple years was used to help get the splash pad up and running. We would like to continue projects with that, but need a committee to help. Grab a friend and come to our next meeting on Tuesday, February 15 at 5:00pm at City Hall. If you can't make that meeting but would like to help contact City Hall with any questions. 319-296-1822.

We are wild about our school counselor.
Thank you for all you do Ms. Rutherford!



Congratulations to our January Donuts with Mrs. Douglas Winners! Look at the size of those donuts!

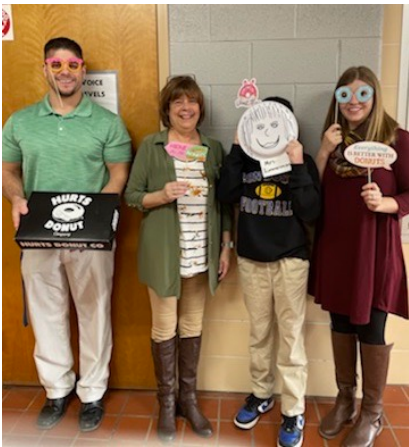
K-2: Sloan Higdon, Hudson Etringer

3-5: Tyler Schmitz, Harper Pett, Aiden Thome

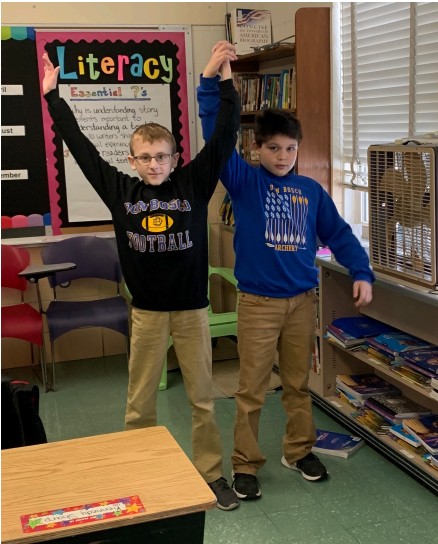
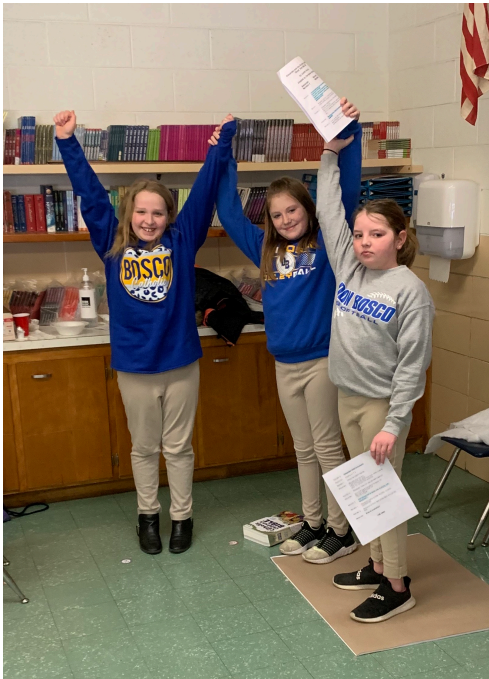
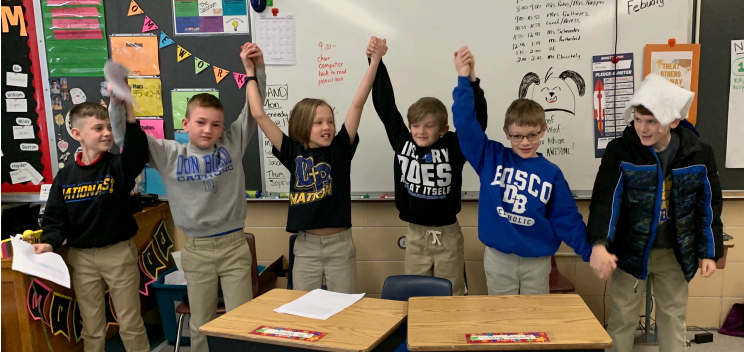
6-8: Mary Thoma, Emery Kalkbrenner, Brayden Perry, Brayden Samaniego

Staff: Mr. Armbruster, Mrs. Rosauer, Mrs. Zimmerman, and Mrs. Claypool

REMEMBER: #GoToMass



Catholic Schools Week Teacher Swap





When Something is Bugging Me, I Can Say....

I Statements

Using "I statements" allows you to voice your needs and set personal boundaries with confidence, without accusing the other person. To be most effective, "I statements" need to include 3 elements, in any order:

1. What you observe
 - I hear, I believe, I observe, I see, I think, I noticed
2. How it makes you feel
 - I feel, I am experiencing
3. What you need to happen next
 - I need, I want, I prefer

"I feel _____ when _____. Can you please _____?"

"I see that you _____, which makes me feel _____. I need _____."

"I noticed that _____ happened. It made me _____. I want _____ instead."

"I prefer _____. When _____ happens, I feel _____."

Or I can....

- Talk to someone
- Take a break
 - Find help
- Journal about it
 - Walk away

On the next page, you will find visuals to use with your child to practice "I statements" We're working really hard at school to practice our conflict resolution skills. Our students are amazing leaders & it is so fun to watch them solve their own problems and come up with solutions together!

I hear....

I see....

I noticed....

I feel....

I am experiencing....

I want...

I need....

I prefer....

Leader in Me Monthly Challenge

Hello families!

As part of our mission of developing students *spiritually, academically, physically, and socially*, we have been focused on the importance of **attending Mass** and our **Leader in Me habits**.

Here's how it will work:

- February focus habit: THINK WIN-WIN
 - As a family, talk about thinking win-win at home
 - Tell us what you did on the form below.
 - **Turn the form in by Monday, Feb. 28**
- Go to Mass
 - Have your student (one for each child) collect a bulletin
 - Make sure the bulletin is dated (Feb. 6, 13, 20, 27)
 - It can be from any church you attend that weekend
 - **Turn the bulletins into your teacher the following week.**

Prize: The February prize is **D^onuts with Mrs. D^ouglas**

Two students from each unit (K-2, 3-5, 6-8) will be drawn. You will get your name in a drawing for filling out this slip and once for each bulletin you bring in. The prize will take place the following week.

February Habit of the Month

Habit 4 : Think Win-Win

How is your child living "Habit 4: Think Win-Win" at home based on some of the key concepts (thinking win-win, win-lose, lose-win, or win-win or no deal situations) we have been learning about this month in K-8?

Child's name: _____

Parent Signature: _____

GUIDING STAR CEDAR VALLEY
COMMUNITY CLASS



MOTHER DAUGHTER: INTRO TO WOMANHOOD

TUESDAY | FEBRUARY 15TH | 6:00 PM

\$25 PER MOTHER/DAUGHTER DUO. APPROPRIATE FOR GIRLS AGE 10-13

We want to help girls connect this season of puberty and all that comes with it to the future beauty of their design should they want to become mothers someday. We focus on helping girls understand their 4 main superpowers and how puberty relates to each of them. Those “super powers” are Ovulation, Menstruation, Gestation, and Lactation.

REGISTER TODAY!

or contact us for further questions

Visit Danielle Marten's down the Guiding Star Hallway

OR

Text: 319-830-3875

Call: 319-232-2695

Email: danielle@guidingstarcedarvalley.org

Class available to be taught in the school setting as well!

GUIDING STAR CEDAR VALLEY
COMMUNITY CLASS



FATHER SON: INTRO TO MANHOOD

TUESDAY | FEBRUARY 8TH | 6:00 PM

\$25 PER FATHER/SON DUO. APPROPRIATE FOR BOYS AGE 10-13

The material is designed to give boys a concise, yet digestible, knowledge of the changes their bodies will go through during puberty and the process of how a new life is created. The boys will also gain insight on what it means to be a man as far as leadership and building meaningful relationships with family and friends.

REGISTER TODAY!

or contact us for further questions

Visit Danielle Marten's down the Guiding Star Hallway
OR

Text: 319-830-3875

Call: 319-232-2695

Email: danielle@guidingstarcedarvalley.org

www.guidingstarcedarvalley.org

Wartburg's NSTA presents:

THE SCIENCE OF LOVE

When: February 12th 5:30-8:30pm

Where: Becker Science Hall
(corner of 1st Ave NW & 11th St NW)

Who: Kids Pre-K - 6th grade

What: Have your little cherubs (students) join the Wartburg College NSTA (National Science Teaching Association) and future educators, for a fun filled Science Saturday! Students will participate in cool Science experiments, have fun with retiles, and learn to LOVE science! (parents, enjoy a night out on the town without your kids! And have a wonderful Valentine's Getaway!)

Cost: 1st student= \$25
each additional student= \$10

Online registration closes February 11th @ 11:59pm

More about the teachers:

All of the volunteers for Science of Love Night are Wartburg College education students. We have been providing this opportunity to the Cedar Valley region for almost 10 years and have received many positive responses from students and guardians. The funds raised help our pre-service teachers attend NSTA conferences. This year we will be attending the National Conference in Houston, Texas where students will be presenting research.

How to Register:

Use the QR code to the right, fill out the form and bring the cash on February 12th.



If you have any questions email us at NSTA@wartburg.edu or DM us on Instagram, Twitter, or Facebook