Immaculate Conception † St. Joseph School Newsletter

www.boscocatholic.org

November 4, 2021

With support from families, we respect and encourage students to reach their potential Spiritually by developing a strong relationship with Jesus and knowledge of His church, Academically by igniting learning, leadership and life skills, Physically by learning about and living healthy habits and Socially by becoming active members of the community who serve others as stewards of the Gospel so they are the light of Christ in the world.

NOVEMBER Habit of the Month: BE PROACTIVE

- ★ Remember to attend Mass and grab a bulletin to turn in! (Remember to have your child write his or her name on it and turn it in on Monday (or collect them for the month and turn them in at the end.)
- ★ Remember to discuss being proactive as a family!



Remember in your prayers our second grade students as they prepare for their First Reconciliation.

First Reconciliation will be Wednesday, November 10 at 6:00pm in Immaculate Conception Church.

Veteran's Day Celebration

Bosco Catholic Schools will be celebrating Veteran's Day with an assembly in the St. Mary Center Gym on Thursday, November 11 at 9:15AM. All are invited to join us as we celebrate those Veterans within our community and those veterans who have passed away. Veterans and their guests are invited to join us for a reception in the St. Mary Center Commons at 8:45.

Bosco's Fall Play

This weekend the Bosco Drama Department will present their fall play *The Crimson House Murder* on Friday, Nov. 5; Saturday, Nov. 6 at 7:00pm; Sunday, Nov. 7 at 2:00pm in the Don Bosco Gym. Admission is \$5.00.

This murder mystery spoofs private eye shows of the past and is sure to give you plenty to laugh about. The cast and crew are made up of 7-12 graders from Don Bosco, Immaculate Conception, and St. Athanasius. We hope to see many of you there for a night of thrills and chills mixed with lots of fun!

Hello ICSJ families!!

Last week, I shared with you some information about the Leader in Me program here at school. I mentioned that we would be having an assembly and that the kids would be bringing a flyer home. We are including the flyer in this newsletter just in case it got misplaced somewhere!

As we continue to learn and grow in our Leader in Me skills, we will continue to share with you more information about the program. Please see the "Supporting Leader in Me at Home" document later in this newsletter. ~ Mrs. Douglas

Purchase Scrip!

If you purchase gift cards, please purchase them through our Scrip program. It's a win, win!

Information on our Scrip program may be found at: https://www.boscocatholic.org/vnews/display.v/ART/4bcde9539be16?in_archive=1

No School Friday, November 12 Professional Development Day





Subs Needed

Do you have a Bachelor's Degree, Associate's Degree, OR have you completed 60 hours of college credit?

If so, you could become an <u>authorized substitute</u> teacher!

BCSS has a strong core of subs that willingly help us out as much as they can but we are in need of a few more! If you are looking for part time work and meet the above requirements, this could be a great fit for you!

For more information, click on the link below. IT'S A VERY SHORT COURSE!!! 10 hours online and 10 hours meeting via zoom!

<u>Substitute Authorization – AEA Remote Learning</u> Courses

Christmas Concert Information

Mark Your Calendars! The K-5 art show and Christmas program will be on Wednesday, December 1. Families may arrive at 5:30pm to view all the wonderful artwork, the concert will begin at 6:00 in the DB gym. Please have your child dress up for the concert!

The middle and high school art show and Christmas program will be on Wednesday, December 15. Only students involved in the middle school band and choir will perform for this concert, but all middle school students and families are encouraged to attend to view their artwork and enjoy the concert. Families may arrive at 6:30 to view the artwork, the concert will begin at 7:00pm.

A concert for all middle school students is being planned for the spring. More information to come at a later date.

Attendance Reminders

Parents should call the school office before 7:30am if your child will be absent. If you call before 7:00am, please leave a message on voicemail. Immaculate Conception (319) 296-1089 St. Joseph (319) 233-5980

If you email a teacher about an absence please include the office (cberry@boscocatholic.org or dlutgen@boscocatholic.org). Attendance is recorded in the office.

If you have a planned absence, the K-5 and 6-8 Absence Request Forms can be found on our school website. https://www.boscocatholic.org/vimages/shared/vnews/stories/55dcc0d507de3/Absence%20Request%20form.pdf

PTO Volunteer Award

The Bosco Catholic School System PTO is looking for 2022 Volunteer Hall of Fame nominations. The individual(s) will be recognized during Mass for Catholic Schools Week. We ask that you submit nominations by December 22 to Jessica Steils (jess.steils@gmail.com) or Leah Reiter (lschmit2000@yahoo.com). Please provide a write-up/list of the volunteer activity for the nominee as to why they are deserving of this award. We have so many wonderful volunteers in this community please consider nominating someone!

Nurse's Notes

November is National Diabetes Awareness Month. The goal this year is to raise awareness for diabetes prevention. One in 5 people that have diabetes are not even aware they do according to Everyday Health. Diagnosing diabetes means you need to understand the numbers. A blood sugar over 126 while fasting, a random blood sugar over 200 or a HgbA1C 6.5 or greater indicates diabetes. To prevent diabetes, make small changes. Don't try to do everything at once. Move more. Try to get 30 minutes of exercise 5 days a week. Choose healthier foods most of the time. Foods high in fiber, low in sugar and fat. Drink water instead of sweetened drinks. Lose weight and keep it off. Educate yourself on what you can do to prevent pre-diabetes or Type 2 diabetes. Marianne Hickey RN

Blood Drive

Don Bosco National Honor Society is on a mission to help save lives by participating in the American Red Cross high school program! Through this program, our students have the chance to take part in a meaningful effort to give hope to hospital patients in need. We will host a Red Cross blood drive on Tuesday, November 9 from 1:00 p.m. to 6:00 p.m. in the high school gym, and your support can help make this blood drive a success!

To schedule an appointment call 1-800-RED CROSS (1-800-733-2767) or visit <u>redcrossblood.org</u> or contact the high school office 319-296-1692.

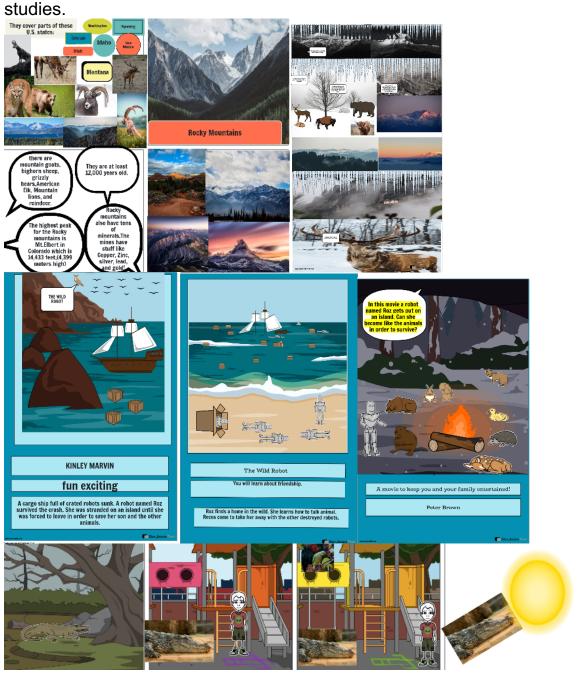




From Mrs. Schroeder....

This past summer, my class was selected to pilot Storyboard That, a new online program, through our Central Rivers Area Education Agency. Storyboard That allows students to create visually engaging storyboards. It is an excellent tool for differentiating lessons and customize personalized learning experiences for each student. Storyboard That is a wonderful learning tool that can be used for students with a wide range of abilities to demonstrate their understanding of a vast array of subject matter. During the year, the fourth grade students will have the opportunity to have a student workshop with a Storyboard That expert, who will answer student questions, create content, and have fun with Storyboard That!

The fourth graders have used the program to retell stories, design a movie poster for a class book, and to create a presentation for a mountain they learned about in social studies.



The Bosco System Drama Department Presents





Friday, November 5 7:00PM Saturday, November 6 7:00 PM Sunday, November 7 2:00 PM

Don Bosco Gym | Admission \$5

Produced by special arrangement with Pioneer Drama Service, Inc., Denver, Colorado

Leader in Me Monthly Challenge

Hello families!

As part of our mission of developing students *spiritually*, *academically*, *physically*, and *socially*, we have been focused on the importance of attending Mass and our Leader in Me habits.

Here's how it will work:

- November focus habit: BE PROACTIVE
 - As a family, talk about being proactive at home
 - Tell us what you did on the form below.
 - o Turn the form in by Tuesday, November 30
- Go to Mass
 - o Have your student (one for each child) collect a bulletin
 - Make sure the bulletin is dated (Nov. 7, 14, 21, & 28)
 - It can be from <u>any church</u> you attend that weekend
 - o Turn the bulletins into your teacher the following week.

Prize: The November prize is **Donuts with Mrs. Douglas**Two students from each unit (K-2, 3-5, 6-8) will be drawn. You will get your name in a drawing for filling out this slip and once for each bulletin you bring in. The prize will take place the following week.

November Habit of the Month

Habit 1: Be Proactive

How is your child living "Habit 1: Be proactive" at home based on some of the key concepts (reactive versus proactive language, freedom to choose, carry your own weather) we have been learning about this month in K-8?	
Child's name:	Parent Signature:

Leaderin Me.

Supporting Leader in Me at Home

We are often asked how parents can support our school's leadership initiative. Each time we are asked we give the same answer: "Use the 7 Habits language at home."

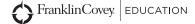
As the school year unfolds, the students are learning the language and meaning of the 7 Habits. By hearing the same language at home and at school, you send your child a message of what is important and that we are all on the same team—the team that wants to help your student succeed. When parents and schools support one another, the sky is the limit!

Below is a summary of each of the habits:

- Habit 1: Be Proactive (I'm Responsible for Me)
- Habit 2: Begin With the End in Mind (Have a Plan)
- Habit 3: Put First Things First (Work First, Then Play)
- Habit 4: Think Win-Win (Everyone Can Win)
- Habit 5: Seek First to Understand, Then to Be Understood (Listen Before You Talk)
- Habit 6: Synergize (Together Is Better)
- Habit 7: Sharpen the Saw (Balance Feels Best)

In order to encourage the 7 Habits language at home, here are some questions you can ask your child:

- How were you proactive today?
- What is your end in mind with this project/work/task?
- How do you plan to put first things first in this situation?
- What would be a win-win for us?
- I want to hear what you think first and then I will share. How do you know when you are being listened to?
- How can we work together on this?
- How would you like to sharpen your saw today?



The 7 Habits of Happy Kids



Habit 1- Be Proactive: You're In Charge

I am a responsible person.

I take initiative.

I choose my actions, attitudes, and moods.

I do not blame others for my wrong actions.

I do the right thing without being asked, even when no one is looking.

Habit 2- Begin with the End in Mind: Have A Plan

I plan ahead and set goals.

I do things that have meaning and make a difference.

I am an important part of my classroom and school.



Habit 3- Put First Things First: Work First, Then Play

I spend my time on things that are most important.
I say no to things I know I should not do.
I set priorities, make a schedule, and follow my plan.
I am self-disciplined and organized.



I want everyone to be a success.

I don't have to put others down to get what I want.

When a conflict happens, I look for a third solution.

I believe that we all can win!



Habit 5- Seek First to Onderstand Then to be Understood:



Listen Before You Talk

I listen to other people's ideas and feelings.
I try to see things from their viewpoints.
I listen to others without interrupting.
I share my opinions and ideas.

Habit 6- Synergize: Together Is Better

I know that everyone is good at something
Everyone needs to get better at something.
We can all learn something from each other.
Working in groups helps to create better ideas than what one person can do alone.

Habit 7- Sharpen the Saw: Balance Feels Best

I take care of my body by eating right, exercising and getting sleep.

I learn in lots of ways and lots of places, not just at school.

I take time to help others.