

Immaculate Conception † St. Joseph School Newsletter

www.boscocatholic.org

November 18, 2021

With support from families, we respect and encourage students to reach their potential **Spiritually** by developing a strong relationship with Jesus and knowledge of His church, **Academically** by igniting learning, leadership and life skills, **Physically** by learning about and living healthy habits and **Socially** by becoming active members of the community who serve others as stewards of the Gospel so they are the light of Christ in the world.

NOVEMBER Habit of the Month: **BE PROACTIVE**

- ★ Remember to attend Mass and grab a bulletin to turn in! (Have your child write his or her name on it and turn it in on Monday, or collect them for the month and turn them in at the end.)
- ★ Remember to discuss being proactive as a family!
- ★ How is your child living "Habit 1: Be proactive" at home based on some of the key concepts we have been learning about this month?



Dear ICSJ families,

We are truly blessed to have such a phenomenal school community! It's hard to believe that this is my fourth school year with all of you! I appreciate the support that you have shown and the trust that you have given as we have worked through some pretty challenging times!

As we prepare for Thanksgiving, I wish all of you the very best! My prayer is that you get to spend a lot of quality time with your loved ones; especially your children. They truly are blessings!

Sincerely,
Mrs. Douglas

Leader in Me News

We hope you are all talking at home about the habit of the month: Be Proactive! A key concept in being proactive is taking the time to pause before reacting to a situation. Did you know that there is space between every stimulus and response? Did you know that we can all train ourselves to create even more space between the stimulus and our response?

When difficult challenges come your way, you have choices.

- Reactive choices can cause you to feel sad, angry, or frustrated inside. Reactive choices can cause further problems.
- Proactive choices can cause you to feel good, happy, and satisfied inside. Proactive choices help prevent further problems.

(Used with permission from Franklin Covey Co.)

How can you model pausing at home before reacting to a difficult situation? How can you work with your child to help create enough space between stimulus and response to allow for a proactive response?

Colder Weather

Whenever possible all K-5 and ABC students will spend some time outdoors, so please be sure they have coats, hats, and mittens (snow pants and boots when they are needed).

Please label your student's sweatshirts, coat, hat, snow pants, gloves, mittens, lunchbox, etc.



Please send all newsletter items to icsjnewsletter@boscocatholic.org
by 3:00pm on Wednesday, December 1.



Happy National Catholic School Principal's Day to Mrs. Douglas!!

Your commitment to our school is evident
each and every day. You are a blessing to us!



Nurse's Notes

Consider making a holiday wellness plan. Choose a goal. Is it to maintain your weight, stay active as the weather gets cooler, eat healthy at holiday parties, stress less, or avoid overspending? Then break the goal down into small measurable goals. To maintain your weight you could plan to pack your lunch 3 days a week. To be active you could plan an active time for 30 minutes 3 times a week. Even if you have to break it down to 3 10 minute sessions it is good. Add a serving of fruits or vegetables as a snack between lunch and supper. Start your day with a healthy breakfast for 5 days. Examine your budget. Where could you cut back? Maybe not stop for that "special coffee" but brew your own 4 days a week. Reduce stress by making a list. Try to get 7-8 hours of sleep. Spend 15 minutes 3 times a week reading before bed. Make a list for the week of things that need to be accomplished. Have a plan for a healthy holiday season. Marianne Hickey RN

Middle School Supply List Addition

We are asking each middle school student to have a binder by next Tuesday, Nov. 23. The binder needs to be - Black, 1 1/2 inch, 3 ring, ClearVue Cover.

If you are unable to purchase one by next week, you may send \$3.00 to school tomorrow and the school will order some.

COF Pizza Party

The Catholic Order of Foresters pizza party at Chuck E Cheese in Cedar Falls will be Sunday, November 21 between 11:00am and 1:30pm. All COF youth members will receive free pizza, soda & 15 token card. All adults & friends attending can receive the same thing for \$5.00. Please see Donna Delagardelle at the sign up table.

From Mrs. Zimmerman...

Thanks to a grant from the PTO I was able to expand my classroom library. I purchased leveled nonfiction books for the middle school students. Since nonfiction books share facts or real-life events, they are great tools for making real-world connections to build on children's knowledge and personal experiences. The books are able to be used as part of the AR program, as well. I hope to expand my nonfiction library in the future. Brayden and Aiden are shown looking at some of the new books.



529 Plan Information for Paying K-12 Tuition

As many are in the midst of their end-of-year tax planning, you may consider setting up a [529 plan for K-12 tuition](#) if you haven't done so already. Information provided by Iowa ACE 529 Plans for [K-12 Tuition flyer](#)



Elementary Christmas Concert Information

The K-5 students have been very busy preparing the story of the Nativity for our Christmas program! The program is on Wednesday, December 1 in the Don Bosco Gym. The doors will open at 5:30 pm when you can walk around the gym to view the students' art work. The music program will begin at 6 pm.

Please have your child dress up for the program. We are also looking for some bales of hay/straw and a manger for the set. Please contact Mrs. Knepper at kneppep@boscocatholic.org if you are able to help.

Subs Needed

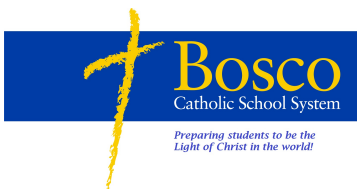
Do you have a Bachelor's Degree, Associate's Degree, OR have you completed 60 hours of college credit?

If so, you could become an **authorized substitute teacher!**

BCSS has a strong core of subs that willingly help us out as much as they can but we are in need of a few more! If you are looking for part time work and meet the above requirements, this could be a great fit for you!

For more information, click on the link below. IT'S A VERY SHORT COURSE!!! 10 hours online and 10 hours meeting via zoom!

[Substitute Authorization – AEA Remote Learning Courses](#)



**Bosco Catholic School System † PO Box 256 † Gilbertville, IA 50634
IC 319-296-1089 † SJ 319-233-5980 † Fax 319-296-3847**

Middle School Students

As a Fun Run reward, middle school students may wear school appropriate pajamas or comfy clothes on Tuesday, November 23.

Lost and Found

We have collected lots of lost and found items. If you have lost something, look in the lost and found box by Ms. Berry's office.

PTO Volunteer Award

The Bosco Catholic School System PTO is looking for 2022 Volunteer Hall of Fame nominations. The individual(s) will be recognized during Mass for Catholic Schools Week. We ask that you submit nominations by December 22 to Jessica Steils (jess.steils@gmail.com) or Leah Reiter (lschmit2000@yahoo.com). Please provide a write-up/list of the volunteer activity for the nominee as to why they are deserving of this award. We have so many wonderful volunteers in this community please consider nominating someone!

Can Shed Reminder

THANK YOU to everyone who supports our Bosco Catholic School System PTO by donating redeemable bottles and cans! Our first three pickups of the year averaged almost \$850 each! What an easy way to support our students and teachers, and we are so grateful to everyone who helps make this a success.

Just a few quick reminders to make this fundraiser the best it can be:

- Items need to be separated between glass, plastic and aluminum.
- Plastic bottles and aluminum cans need to be sorted into the clear bags provided by the redemption center. If you would like to take a bag from the can shed and sort your items at home you are welcome to. However, please keep in mind that the bags cost the PTO money, and do not take more than you will use at one time.
- Please, Please, Please refrain from having any liquids, tobacco products or garbage in your bags. Our volunteers appreciate the cleanest job possible!
- Craft beers like Spotted Cow do not have an Iowa 5¢ deposit. When in doubt, please check for the deposit marking.
- If you have any questions or would like to volunteer please contact Jessica Steils (jess.steils@gmail.com) or Leah Reiter (lschmit2000@yahoo.com).

Purchase Scrip!

If you purchase gift cards, please purchase them through our Scrip program. Use Scrip for all your Christmas shopping. It is a win, win!

Information on our Scrip program may be found at: https://www.boscocatholic.org/vnews/display.v/ART/4bcde9539be16?in_archive=1



**There will be no classes
November 24, 25, 26
and the school offices will be closed.**



First Sunday of Advent, November 28

5 Core Paradigms

LEADERSHIP

1

Everyone can be a leader.

NOT: Leadership is for the few.

POTENTIAL

2

Everyone has genius.

NOT: A few people are gifted.

CHANGE

3

Change starts with me.

NOT: To improve schools the system needs to change first.

MOTIVATION

4

Empower students to lead their own learning.

NOT: Direct and control student learning.

EDUCATION

5

Educators and families partner to develop the whole person.

NOT: Educators focus solely on academic achievement.