Immaculate Conception † St. Joseph School Newsletter

www.boscocatholic.org

January 12, 2023

With support from families, we respect and encourage students to reach their potential **Spiritually** by developing a strong relationship with Jesus and knowledge of His church, **Academically** by igniting learning, leadership and life skills, **Physically** by learning about and living healthy habits and **Socially** by becoming active members of the community who serve others as stewards of the Gospel so they are the light of Christ in the world.

No Waterloo buses tomorrow, January 13. Parents will need to provide transportation for their students. A Bosco bus will transfer to and from preschool in Raymond.

First Semester ends January 13. Report cards will be sent home next week.

No School Monday, January 16 -Professional Development Day

STO - Tuition Assistance

The Our Faith, Our Children, Our Future School Tuition Organization (STO) and Bosco Catholic School System (BCSS) are pleased to once again provide tuition assistance to qualifying families.

The STO program will be utilizing FACTS Management to assist in determining the level of assistance to be awarded.

The FACTS application needs to be completed no later than April 15, 2023. The online FACTS application can be found at https://online.factsmgt.com/aid See the STO flyer below.

IC Youth Choir this Sunday

Students in grades 3-12 are invited and encouraged to sing with the youth choir at the 10:00am IC Masses on January 15 & 22.

Youth Group

8th graders, come join us for youth group on Wednesday, January 25. The night will be filled with pizza, games, and fun! All students in grades 8th-12th are welcome to attend. We will be meeting in the high school student center (the old FCS room). Time: 6:15-7:30pm. Can't wait to see you there!

Dress Code Reminder

Great job, parents for sending your child to school dressed within our dress code. We would like to draw your attention to the dress code policy regarding jewelry as we are starting to see some large necklaces and bracelets. We know this section of the dress code can sometimes be overlooked.

<u>Jewelry:</u> No dangling or large hoop earrings, large necklaces or bracelets. Jewelry in any visible pierced body parts other than the ear must be removed or covered during the school day. No visible tattoos. No jewelry, including earrings, is allowed during PE class for safety reasons.

From Mr. Chicchelly...

Hello to all! Happy 2023! Since the new year, we have underwent a fitness/wellness and strength/conditioning unit for K-8 grades. The kids have so far been enjoying the different movements and exercises being taught. We're striving for lifelong enjoyment of an active and healthy lifestyle!

8th Grade Service Learning Project

Last week the 8th graders sponsored a canned food drive. The students collected many food items and almost \$200. On Monday, they took their donations to the Northeast Iowa Food Bank where they also spent two hours volunteering. This is part of their Service Learning Project, Feed the Hungry.







Nurse's Notes

Next week is Healthy Weight week. Do you know what you should weigh? What measurement do you go by? Do you figure your BMI, use the scale or tape measure? Do you go by how your clothes feel? Achieving and maintaining a healthy weight includes healthy eating, physical activity, optimal sleep and stress reduction. According to the CDC 40% of adults are at risk of obesity and obesity related health issues. If you find that you are in need of losing a few pounds here are some helpful hints - Watch the number of processed foods in your diet. Look at the sugar content in the foods you are eating. According to the American Heart Association women should aim for less than 24 grams of added sugar and men 36 grams. Eat a rainbow of colors of fruits and vegetables. Get adequate protein in your diet. Try to move 30 minutes most days. Drink water. Plan for a bedtime routine to promote sleep. Find ways to reduce your stress. One suggestion is to find an accountability partner. They should help cheer you on and remind you of your goals. Marianne Hickey RN

Attendance Reminder

Parents please call the school office before 7:30am if your child will be absent. If you call before 7:00am, please leave a message on voicemail.

St. Joseph Center (319) 233-5980 Immaculate Conception Center (319) 296-1089

If you have a planned absence, the K-5 and 6-8 Absence Request Forms can be found on our school website. Link to form - http://www.boscocatholic.org/vimages/shared/vnews/stories/55dcc0d507de3/
Absence%20Request%20form.pdf

Reminder

When sending money/checks to the office, please put it in an envelope marked with a <u>first & last name</u> and what it is for.

Easy Ways to Help Immaculate Conception-St. Joseph School. Parents, grandparents, friends and neighbors can support our school by: <u>Buying Scrip</u>: buy it often!

Recycling Pop Cans: Collection Box located on the north end of Don Bosco Catholic High School. Watch the How to Recycle video found on our website.

Box Tops for Education: Download the Box Tops app and scan your store receipt.

Hy-Vee Cash 4 Students: Save your Hy-Vee cash register receipts. Hy-Vee donates \$1 for every \$250 in receipts collected!

<u>Casey's Reward:</u> Turn your points in for classroom donation.

Office Max/Office Depot: Our school can earn 5% back.

Amazon Smile: Shopping on Amazon? Use Amazon Smile! We earn .5% of your purchase. See flyer below for more details.

If you purchase gift cards, please purchase them through our Scrip program. It is a win win! https://www.boscocatholic.org/vnews/display.v/SEC/Giving%7CSCRIP



FROM THE COUNSELOR

MS.KALLIE K-8 SCHOOL COUNSELOR

ATTENDANCE MATTERS

MISSING A DAY OF SCHOOL HERE AND THERE MAY NOT SEEM LIKE MUCH, BUT ABSENCES ADD UP!

When a student misses

days a month

They will miss

20 DAYS a year.

They will miss

30 HOURS

of math over the school year.

They will miss

60 HOURS

of reading and writing over the school year.

They will miss over

1 YEAR of school by graduation.

"80% OF SUCCESS IS SHOWING UP" -WOODY ALLEN When a student misses

day a week

They will miss

40 days a year.

They will miss

60 HOURS

of science over the school year.

They will miss

120 HOURS

of religion /social studies over over the school year.

They will miss over

2 YEARS

of school by graduation.



23-24 Tuition Assistance Application Process

Deadline for application & submitting 2022 federal tax returns is April 15, 2023.

Step 1: Apply Now

Complete one FACTS application per family at online.factsmgt.com/aid.

Step 2: Upload 2022 Federal Tax Return

Include your entire federal tax return and all schedules. If you are not required to complete 2022 federal taxes, upload nontaxable income documentation.

Step 3: Application Fee

Pay \$36.00 fee per family before submitting the FACTS application.

Step 4: Seek Assistance

For questions about the application:
Call FACTS Helpline at 866-315-9262.
Monday–Thursday 7:30am to 7:00pm and Friday 7:30am to 5:00pm.

For help with uploading documents or other assistance completing the application:

Contact your school office.

For more information about the application process and eligibility requirements: Go to <u>ourfaithsto.org/faqs-for-parents</u>.

Step 5: Receive Notification

Qualifying families will receive notification of STO awards by May 19th.

Step 6: Local Tuition Assistance

If you need additional tuition assistance beyond STO or miss the April 15th priority deadline, you should still complete the STO application and reach out to your school about any additional local tuition assistance options.

DON BOSCO BASKETBALL PRESENTS

DONS VOUTH HIGHT

FREE

Admission for

Jr Dons & Jr High

girls & boys

athletes



DB Doughnut Holes for sale!

Girls & Boys 3rd-8th Grade **JANUARY 20TH**

Don Bosco High School

JOIN US FOR JR DONS RECOGNITION NIGHT
PREGAME AND HALFTIME EVENTS DURING ALL THREE GAMES

JV Boys: 5pm Varsity Girls: 6:30pm Varsity Boys: 7:45pm

WEAR YOUR JR DONS SHOOTING SHIRT • GO DONS!



Quick & Easy ways to support the Bosco **Catholic School System**



Casey's **Rewards** Cash for Classrooms

Cash for Classrooms supports teachers through cash donations to schools for the things they need most. Members can turn their points into Cash for Classroom donations that is directed specifically to the school of their choice.

Hy-Vee Cash 4 students:

Save your Hy-Vee cash register receipts and turn them into school. Hy-Vee donates \$1 for every \$250 in receipts collected!

Office DEPOT Office Max **Give Back To Schools**

https://www.officedepot.com/cm/ school-supplies/give-back.

Make a purchase of qualifying school supplies, provide your school ID and your school will receive 5% back in credits for FREE supplies

School ID: 70028239



Amazon Smile: AmazonSmile is a website operated by Amazon with the same products, prices & shopping features as Amazon.com. The difference is that when you shop with AmazonSmile 0.5% of the purchase price on eligible products is donated to the charitable organization of your choice!

Pop Can Recycling

Collection Site is located on the North end of Don Bosco Catholic High School







Coca Cola Give:

Download the Coke app or sign into https://us.coca-cola.com/give

Donate to your local school. Search by zip (50634) and select

IMMAC CONCEPTION-ST JOSEPH

	SEE	HOW WE REACH	HED THESE W	ALUES.	
35-PACK	\$0.38	12-PACK	\$0.15	20 OZ	\$0.05
32-PACK	\$0.38	8-PACK	\$0.12	24 OZ	\$0.05
30-PACK	\$0.38	6-PACK	\$0.08	1 LITER	\$0.05
28-PACK	\$0.38	12 OZ	\$0.05	1.25 LITER	\$0.05
24-PACK	\$0.30	12.5 OZ	\$0.05	1.5 LITER	\$0.05
20-PACK	\$0.27	14 OZ	\$0.05	2 LITER	\$0.05
18-PACK	\$0.23	16 OZ	\$0.05	2.5 LITER	\$0.05
15-PACK	\$0.23	0.5 LITER	\$0.05	50 OZ	\$0.05

THE OLD BOX TOPS CLIPS



Traditional Box Tops clips are being phased out of production, but may continue to be found on many products throughout the store. You can still clip them and send them to school.

Every valid Box Tops clip is worth 10¢ for your school. Make sure each one has a clearly visible product acronym and expiration date.

*All valid Box Tops clips submitted per the Program Rules by a Coordinator(s) of (an) eligible, enrolled school(s) will be honored.

THE NEW **BOX TOPS LABELS**



Eventually the Box Tops program will become digital-only. Participating brands are starting to change their packaging from a traditional Box Tops clip to the new Box Tops label.

If you see this label, use the new Box Tops app to scan your receipt. Box Tops are still worth 10¢ for your school. The app will find participating products purchased at any store and instantly add cash to your school's earnings online.